**PSHE Curriculum Half-Termly Objectives Year 2**

**Themes:**

**R** – Respecting Self and Others

**H** – Health and Well-being

**L** – Living in the Wider World

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| **Autumn 1** | R21 – About what is kind and unkind behaviour and how this can affect others |
| R22 – About how to treat themselves and others with respect; how to be polite and courteous |
| R24 – How to listen to other people and play co-operatively |
| R25 – How to talk about and share their opinions on things that matter to them |
| R3 – About different types of families including those that may be different to their own |
| R4 – To identify common features of family life |
| R5 – That it is important to tell someone if something about their family makes them unhappy or worried |
| R7 – About how to recognise when they or someone else feels lonely and what to do |
| R8 – Simple strategies to resolve arguments between friends positively |
| R9 – How to ask for help if a friendship is making them feel unhappy |
| **Autumn 2** | R10 – That bodies and feelings can be hurt by words and actions; that people can say hurtful things online |
| R11 – About how people may feel if they experience hurtful behaviour or bullying |
| R12 – That hurtful behaviour (offline and online) including teasing, name-calling, bulling, deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult |
| H16 – About ways of sharing feelings; a range of words to describe feelings |
| H17 – About things that help people feel good e.g. playing outside, meeting friends, getting enough sleep |
| H18 - Managing big feelings; asking for help with feelings; how to ask for it |
| H19 – Recognise when they need help with feelings; that it is important to ask for help and explaining how to ask |
| H20 – About change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better |
| H24 – How to manage when finding things difficult |
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| **Spring 1** |  |
| H26 – About growing old and changing from young to old and how people’s needs change |
| R16 – How to respond if physical contact makes them feel uncomfortable or unsafe |
| R17 – About knowing there are situations when they should ask permission, or when their permission needs to be sought |
| R19 – Basic techniques for resisting pressure to do something they don’t want to do and which may make them feel unsafe |
| R20 – What to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard |
| **Spring 2** | H28 – About rules and ago restrictions that keep us safe |
| H29 – To recognise risk in simple everyday situations and what actions to take to minimise harm |
| H31 – That household products (including medicines) can be harmful is not used correctly |
| H35 – About what to do if there is an accident and someone is hurt |
| H36 - About how to get help in an emergency (how to dial 999 and what to say) |
| H6 – That medicines (including vaccinations and immunisations and those that support allergic reactions) help people to stay healthy |
| H7 – About dental care and visiting the dentist and how to brush teeth correctly; food and drink that support dental health |
| H8 – How to keep safe in the sun and protect from sun damage |

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| **Summer 1** | L2 – How people and others living things have different needs; about the responsibilities of caring for them |
| L5 – About the different role and responsibilities people have in their community |
| L7 - About how the internet and digital devices can be used safely to find things out and to communicate with others. |
| L8 – About the role of the internet in everyday life |
| L9 - That not all information seen online is true |
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| **Summer 2** | H27 – About preparing to move to a new class / year group |
| L12 – About the difference between the needs and wants; that sometimes people may not always be able to have the things they want |
| L13 – That money needs to be looked after; different ways of doing this |
| L16 – Different jobs that people they know or people who work in the community do. |
| L17 – About some of the strengths and interests someone might need to do different jobs |